

KEEPING TRACK OF YOUR ZIIHERA JOURNEY



This journal is here to help you keep track of any symptoms and side effects you're experiencing.

Make sure to bring your journal to all of your appointments so your care team can help you manage side effects.

What is ZIIHERA?

ZIIHERA (zanidatamab-hrii) 50 mg/mL is a prescription medicine used to treat adults with gastroesophageal cancer (GEA) including gastric cancer, esophageal cancer, and gastroesophageal junction (GEJ) cancer. ZIIHERA is used in combination with fluoropyrimidine- and platinum-containing chemotherapy with or without tislelizumab-jsgr as the first treatment when your GEA:

- cannot be removed by surgery or has spread to other parts of your body (metastatic); **and**
- your tumor tests positive for human epidermal growth factor receptor 2 (HER2 IHC 3+ or IHC 2+/ISH+).

Your healthcare provider will perform a test to make sure ZIIHERA is right for you. It is not known if ZIIHERA is safe and effective in children.

IMPORTANT SAFETY INFORMATION

ZIIHERA can cause serious side effects, including:

- **Diarrhea.** Diarrhea during treatment with ZIIHERA can be severe, life threatening, and can lead to death. Diarrhea may cause loss of fluids and body salts (electrolytes). To help prevent or reduce diarrhea during treatment with ZIIHERA, your healthcare provider:
 - will tell you to drink more fluids.
 - start you on an antidiarrheal medicine such as loperamide or other treatment, as needed.
 - may temporarily stop, reduce your dose or permanently stop treatment with ZIIHERA, or other medicines you take.

If you get new or worsening diarrhea, tell your healthcare provider right away and take antidiarrheal medicine as prescribed. Follow all of your healthcare providers instructions to help with your diarrhea.

Please see accompanying full Prescribing Information, including BOXED WARNINGS and Medication Guide, and discuss with your doctor.

WELCOME TO YOUR JOURNEY TRACKER

Every journey is different, and no one knows your body better than you do. Use this journal to easily log how you feel each day, physically or mentally. Diarrhea is a common side effect that can happen during treatment with ZIIHERA. Diarrhea can be severe or life-threatening.



YOU CAN FOLLOW THESE TIPS TO HELP MANAGE DIARRHEA:

Act early:

- Take antidiarrheal medicine, loperamide (Imodium^{®*}), before your treatment for at least the first 7 days of treatment, and again at the very first sign of loose stool, as instructed by your care team

Inform your care team:

- Call your care team right away if you experience more frequent or loose stools, or if anything feels unmanageable

Manage day by day:

- Keep loperamide with you and take as instructed by your care team if diarrhea happens
- Drink plenty of fluids since diarrhea can make you lose fluids and salts

STARTING ON YOUR **FIRST DAY** OF TREATMENT



4 mg
of loperamide
twice daily



For at least
the first
7 days

*Imodium is a registered trademark of Kenvue Brands LLC.

Please see accompanying full Prescribing Information, including BOXED WARNINGS and Medication Guide, and discuss with your doctor.

PREPARE FOR CONVERSATIONS WITH YOUR CARE TEAM BEFORE YOUR APPOINTMENTS



Coming in with questions to ask can help you feel prepared.

QUESTIONS YOU MAY WANT TO ASK AT YOUR APPOINTMENTS:

- ☐ Are the side effects and symptoms I'm dealing with common?
- ☐ Are there any changes we need to make to my treatment plan?
- ☐ Is there anything else I should be doing to support my health and recovery?
- ☐ What food and hydration suggestions do you have for me?
- ☐ What kind of exercise is safe for me right now?
- ☐ What are the next steps in my treatment journey?



**YOU CAN USE OUR CARE TEAM
DISCUSSION GUIDE TO GET THE
MOST OUT OF CONVERSATIONS
WITH YOUR CARE TEAM**

ZIIHERA.COM

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KEEPING TRACK OF HOW YOU'RE FEELING



You can keep track of how you're feeling and what's on your mind with this tracker tool. It can help you discuss how you've been doing at your next appointment. Call your care team right away if you experience any side effect that bothers you or does not go away. See Important Safety Information on pages 6-7 for more information about side effects and when to call your care team.

Log how you're doing every week, whether you receive treatment that week or not.

It's extra important that you log how you're feeling for the first few weeks of your ZIIHERA treatment, but you can keep track of how you're doing all the way through your treatment journey.

Treatment date: ____ / ____ / ____

Date	Diarrhea	Other side effects
	Times per day: Make a tally mark each time you have diarrhea, like this example	Other things you're feeling: Write down any other side effects you're experiencing
<u>01</u> / <u>01</u> / <u>27</u>		<i>Tired in the afternoon, a little nauseous in the evening</i>
____ / ____ / ____		
____ / ____ / ____		
____ / ____ / ____		
____ / ____ / ____		
____ / ____ / ____		
____ / ____ / ____		
____ / ____ / ____		

Other things you want to talk to your care team about:

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 - will tell you to drink more fluids.
 - start you on an antidiarrheal medicine such as loperamide or other treatment, as needed.
 - may temporarily stop, reduce your dose or permanently stop treatment with ZIIHERA, or other medicines you take.

If you get new or worsening diarrhea, tell your healthcare provider right away and take antidiarrheal medicine as prescribed. Follow all of your healthcare providers instructions to help with your diarrhea.

- **Harm to your unborn baby.** Taking ZIIHERA during pregnancy or within 4 months before pregnancy can harm your unborn baby. Tell your healthcare provider right away if you become pregnant or think you may be pregnant during treatment with ZIIHERA.

Females who are able to become pregnant:

- Your healthcare provider should do a pregnancy test before you start treatment with ZIIHERA.
- Use effective birth control (contraception) during treatment with ZIIHERA and for 4 months after the last dose.
- **Heart problems** that may affect how well your heart pumps blood. Your healthcare provider will check your heart function before and during treatment with ZIIHERA. Tell your healthcare provider right away if you get any of the following signs and symptoms of a heart problem:
 - new or worsening shortness of breath
 - feeling more tired than usual
 - swelling of your ankles or feet
 - loss of consciousness
 - irregular heartbeat
 - sudden weight gain
 - dizziness or feeling light-headed
- **Infusion-related reactions.** Your healthcare provider will check for side effects during your infusions. Tell your healthcare provider right away if you get any of the following symptoms during or after your infusions of ZIIHERA:
 - shortness of breath or trouble breathing
 - fever
 - chills
 - rash
 - flushing
 - nausea or vomiting
 - dizziness or feeling light-headed
 - chest discomfort

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IMPORTANT SAFETY INFORMATION



Before receiving ZIIHERA, tell your healthcare provider about all of your medical conditions, including if you:

- have or have had any heart problems.
- are breastfeeding or plan to breastfeed. It is not known if ZIIHERA passes into your breastmilk. Talk to your healthcare provider about the best way to feed your baby if you receive treatment with ZIIHERA.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Other common side effects when ZIIHERA is given in combination with chemotherapy and tislelizumab-jsgr include:

- diarrhea
- nausea
- decreased appetite
- low levels of blood potassium
- vomiting
- feeling tired
- numbness, pain, tingling, or burning in your hands or feet
- rash
- infusion-related reactions

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- diarrhea
- nausea
- vomiting
- numbness, pain, tingling, or burning in your hands or feet
- decreased appetite
- feeling tired
- low levels of blood potassium
- infusion-related reactions
- rash

These are not all the possible side effects of ZIIHERA. Call your doctor for medical advice about side effects.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. You may report side effects to FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

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WHAT'S NEXT FOR YOU?

**TALK TO YOUR DOCTOR
AND VISIT ZIIHERA.COM
TO DISCOVER MORE.**



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